

CAFES & GROUPS FOR PEOPLE WITH DEMENTIA & THEIR CARERS

For further information or to access the groups please contact

Alzheimer's Society Nottinghamshire on **0115 934 3811**

	Day of the Month	Time	Location	Car Parking	Society led	PWD Or Carers Or Both
Mansfield Café Please ring 01623 429419 for further info	Dementia Café	10.30am–12.30pm	St Johns Street Centre, Mansfield	Limited	Yes	Both
Gedling Memory Group	4 th Friday Of the Month	10.30am–12.30pm	Good Shepherd Church Hall, Thackeray's Lane NG54HT	Y	Yes	Both
Newark Cafe	3 rd Tuesday	10.30am – 12.30pm	Holy Trinity Community centre, Boundary Road Newark	Y	Yes	Both
Wollaton Memory Club	2 nd Tuesday of the Month	10.30am-12.30pm	St Leonard's Community Centre, Bramcote Lane NG82ND	Y	Yes	Both
City Carers Group	3 rd Friday of the month	10.30am–12.30pm	Nottingham Central Library 3 Angel Row, Nottingham NG1 6HP	N	Yes	Carers
Carers Information Sessions	Various	Various	Various	Y	Yes	Carers with activity sessions provided for cared for on site
City Peer Support	1st Wednesday of the month	5.30pm-7.30pm	Room 034 Djanogly City Academy Gregory Boulevard Nottingham NG7 6ND	Y	Yes	Carers
Southwell Memory Café	Last Friday of the month	10:30am – 12:30pm	Kings Court Southwell Nottingham NG25 0EL	Y	Yes	Both
Hallcroft Memory Club	2 nd Wednesday of each month	10:30am – 12:30pm	Hallcroft Community Centre, Randall Way, Retford DN22 7GR	Y	Yes	Both
Rushcliffe Memory Group	3 rd Thursday of the month	2:00pm – 4:00pm	West Bridgford Community Hall Church Drive West Bridgford NG2 6AY	Y	Yes	Carers
Worksop Carers Support Group	2 nd Monday of each month	10.30 – 12.30pm	Bassetlaw Community and Voluntary Service, The Old Abbey School Priorswell Road Worksop S80 2BU	Y	Yes	Carers
Carers Group Sybil Levin centre	2 nd Thursday of each month	2.00pm-4.00pm	Sybil Levin centre Nuthall Road Nottingham	On street near Venue	Yes	Carers

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